



City of Nashua
Division of Public Health and Community Services



Mayor's Task Force on Substance Misuse Meeting

Tuesday, 03/17/2026

9:30 – 11 a.m.

Facilitator: Savitri Horrigan, Behavioral Health Specialist

Location: City Hall Auditorium, 3rd Floor

Minutes

Partner Updates

Lamprey: Planning a community event in May with speakers focused on supporting individuals experiencing addiction.
United Way (UW): Annual Baby Shower scheduled for April 22 to support low-income families with resources.
The Army National Guard: Working on logistics for Drug Take-Back Day.
Doorway: Applied for a grant to support additional ancillary services and is hopeful for approval.
Revive: St. Patrick's Day celebration was canceled due to unforeseen circumstances.
Nashua Prevention Coalition: "Real Talk" sessions are ongoing. Focus on connecting families.
SNHMC Behavioral Health: PHP program is open and accepting referrals; however, the inpatient unit is currently full.
Cynthia Day: Open beds available for women and children.
DPHCS: Public Health Advisory Council annual meeting is scheduled for May 27 – save the date.
CAST Coalition (Milford): Upcoming event-The Power of Community-Finding Hope in Souhegan Valley.
RICH Conference: Mentioned.
Legislative Breakfast: Video is now available.

Warming Station Update

The facility is open daily from 7:00 PM to 7:00 AM through April 15th and serves over 40 guests each night.

Legislative Update

- Regulate Kratom (SB 557) – Senate voted by majority voice vote to pass an amended version
- Ending the Sale of Nitrous Oxide for Recreational Use (HB 1630) – House of Representatives voted by voice vote to pass this bill. It will advance to the House Finance Committee for review.
- Banning Deceptive Vape Marketing (HB 1538) – House of Representatives voted to send this bill to interim study, meaning it will not advance this session.

Youth Risk Behavior Survey Data Presentation	• The 2025 Middle School YRBS data for Nashua highlights several key concerns impacting youth well-being. A large majority of students report high screen use, with many having devices in their bedrooms at night, which may contribute to poor sleep, as less than half get the recommended 8 hours. Mental health is a significant issue, with one in four students seriously considering suicide, 10% attempting it, and many not receiving needed support. Bullying and safety concerns are also prevalent, with half experiencing bullying at school, one-third online, and many witnessing violence or reporting unfair treatment. While substance use rates are lower compared to some areas, alcohol and vaping remain concerns, indicating a need for continued prevention and support efforts.
AMR Data	• Suspected opioid overdose data for Manchester and Nashua was shared. • Three plus opioid related overdoses in February 2026 and five plus overdoses.
SSANA February Data	• 39 overdose reversals in February, bringing the 2026 total to 73 lives saved so far this year. • 139 total service transactions in February, with 139 unique clients served, reflecting strong engagement with the program. • 787 secondary contacts in February alone, showing the continued ripple effect of harm reduction outreach in the community. • 12,280 sterile syringes distributed in February, contributing to 26,730 distributed so far in 2026, while maintaining a 91% return rate, demonstrating responsible disposal and strong participant engagement • 503 safer injection kits distributed in February (1,011 year-to-date). • Expanded distribution of harm reduction supplies including: • 90 fentanyl test kits • 69 xylazine test kits • 110 wound care kits • 154 safer smoking bubble kits • 281 health and behavioral health connections were made, linking participants with healthcare, mental health, substance use disorder services, and testing resources.

Next Meeting April 21, 2026